COACHES MEETING

2023 Spring Season
March 1, 2023
Jenn Park

GETTING STARTED

IT’S ALL ABOUT THE KIDS!

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WITH MUCH APPRECIATION…

Thank You!

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MEETING PURPOSE

Organizational Alignment

- Create a common platform of expectations for all coaches
- Highlight changes, new developments
- Answer your questions

Team Balance Prioritization

- Establish division's expectations
- Connect coaches with division commissioner
- Complete player ranking exercise for each division

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MEETING OBJECTIVES

7-8 p.m. | Introduction

- OYO Coaching Orientation
  - Overview
  - The OYO Why
  - The OYO Way
  - The Making of a Great Rec Coach
  - Perfecting the Perfect Practice
  - Team Balance Priorities
- Q&A Session

8-9 p.m. | Division Meetings

- Commissioner's expectations
- Rules review for league
- Team name assignments
- Practice schedule confirmations
- Review team pairings for feedback

Coaches may depart when your division meeting is complete

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OYO VOLUNTEERS | VPs & COMMISSIONERS

Charity Weaver
Executive Vice President
(BASEBALL)

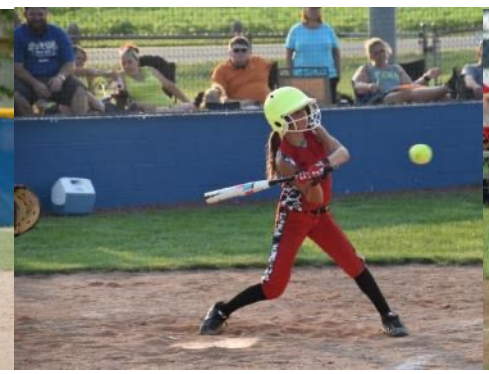
- **Nicholas Stellema** — Challenger
- **Allison Wheeler** — Tee Ball
- **Erika Leary** — Junior Rookie
- **Aaron Campbell** — Rookie
- **Megan Drummond** — Minor
- **Jen Wilkinson** — Super Major
- **Shawn Tidrow** — Junior Baseball

Mario Covarrubias
Second Vice President
(SOFTBALL)

- **Patrick Kennedy** — 8U Softball
- **Ryan Barker** — 10U Softball
- **Brent Brunnemer** — 12U Softball
- **Aaron Harding** — 14U/16U Softball

Michael DeSanto
Vice President,
Game Day Operations

- **Dennis Lewton** — Equipment Chairperson
- **Cherisse Anderson**, **Tricia Anderson** — Scheduling Co-Chairpersons
- **Ann Appleton** — Umpire Scheduling Chairperson
- **Frank Ampil**, **Anthony DeSanto** — Umpire Training Co-Chairpersons



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THE OYO WHY

WHY TALK ABOUT OUR WHY?

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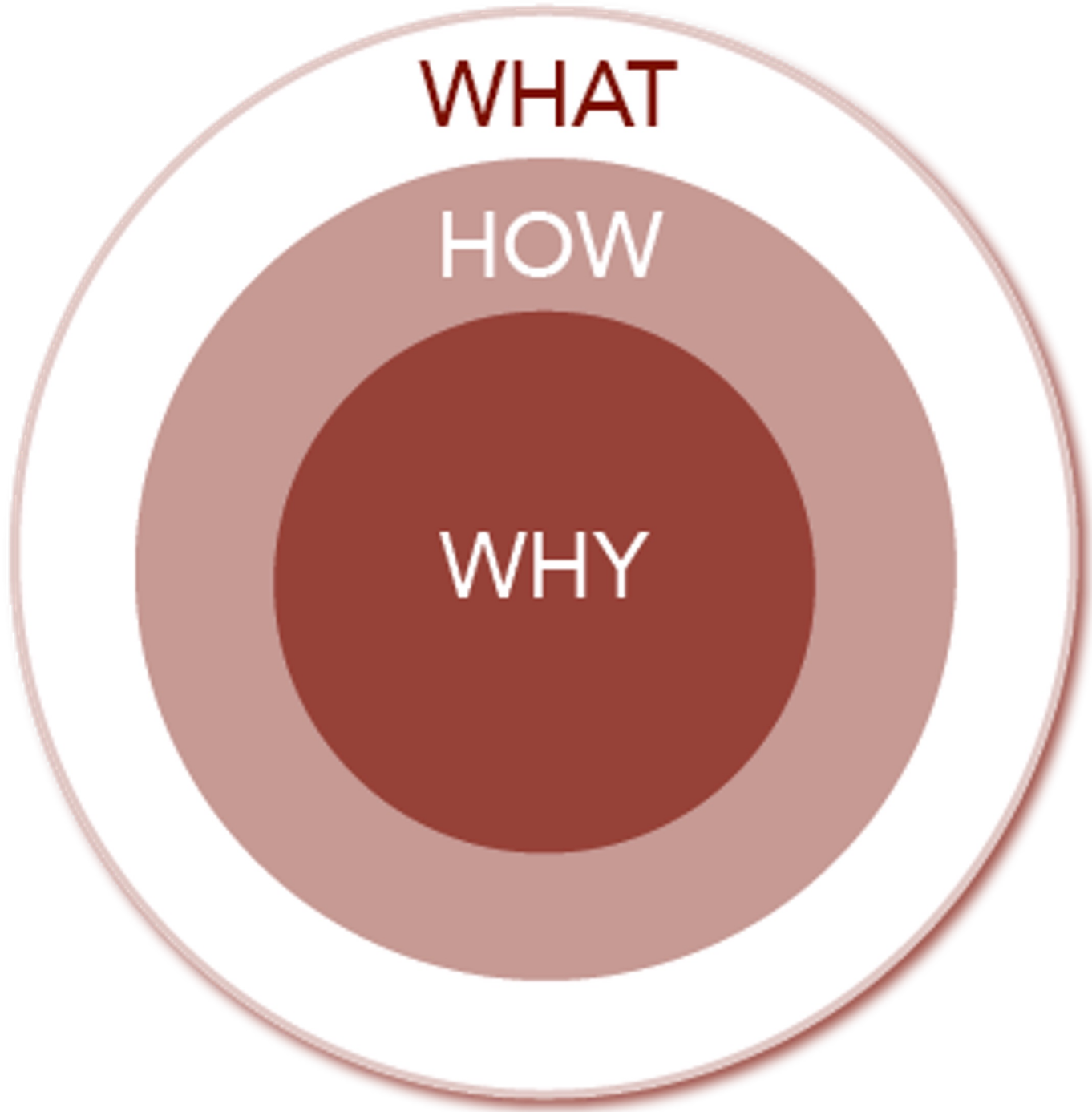
THE OYO WHY

WHAT'S OUR GOLDEN CIRCLE?



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THE OYO WHY

ORGANIZATIONALLY SPEAKING

WHY

To provide valuable life lessons through teamwork and responsibility

HOW

Through strong role models leading by example as coaches and volunteers

WHAT

Delivering high-quality, fundamentally sound and competitive baseball and softball experiences

WHO

All of us at OYO

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THE OYO WHY

OUR VISION FILLED WITH HOPE AND PROMISE

- Leverage teamwork to truly accomplish more
- Keep rec league recreational and instructional
- Try new things while staying true to OYO's roots
- Be good stewards of our finances, assets
- Keep The OYO Way as backbone to all decisions
- Build OYO to continue to be a safe, happy place
- Create plans that stand the test of time
- Emphasize coaching is an absolute privilege
- Establish OYO the place for baseball and softball or whatever level they may wish to play

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THE OYO WAY

THE OYO WAY

OYO'S GUIDING PRINCIPLES

DEVELOPMENT

Teach solid fundamental baseball and softball skills to all players

RESPECT

Create a positive feeling of esteem and memorable experiences for every individual you interact with

LIFE LESSONS

Take advantage of opportunities to show players how teamwork can overcome challenges

FAIRNESS

Apply fair play standards that encourages rec league players to be rotated regularly

CHARACTER

Lead by example and demonstrate the impact of volunteerism to all parents and players

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INSTRUCTIONAL AND DEVELOPMENTAL FIRST

OYO Is an Instructional League

- We do not keep records or standings
- Tournament is a computerized blind draw through LeagueApps

Be a Player's Coach

- Publicly Praise, Privately Criticize
- Follow Fair Play Rules
  - every player to play in the infield and outfield one inning each game
  - no player may sit out a second inning before all sit out once
- Teach good fundamentals, skills
- Teach all kids, not just the more talented players

Player-Coach relationships last a lifetime

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THE OYO WAY

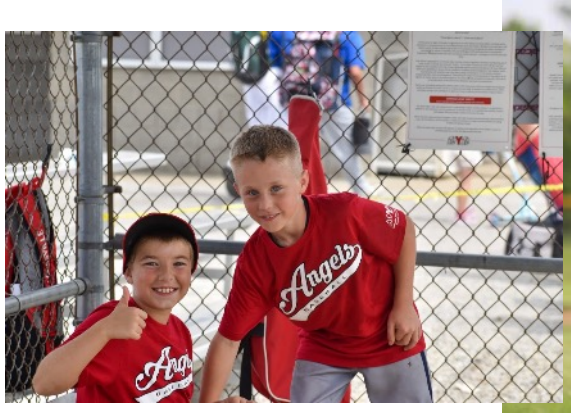
COACHING PHILOSOPHY

Examples of ACCEPTABLE Conduct

- Instruction (kneel down to the child's level)
- Asking the umpire for time to instruct a player
- 3rd base coach telling a defensive player they just made a great play
- Players cheering their teammate
- Calmly ask the umpire for time to discuss a call
- Asking the umpire for time to talk to a parent about their behavior

Examples of UNACCEPTABLE Conduct

- Yelling "Bobby, what were you thinking?"
- Coach telling the players they let him down during the post-game speech
- A coach throwing his/her hat on the ground
- Yelling, at your child when he made a bad play
- Players in dugout yelling chants at the pitcher
- Running out on the field to argue with an umpire
- Saying, "Strike", "Ball", "Out", "Safe", "Balk", "Fair", or "Foul"
- Yelling, "What's wrong with that pitch, blue?"



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CODE OF CONDUCT | ACCOUNTABILITY FOR ALL!

- Each parent agreed to the OYO Code of Conduct during registration process **for their entire family**
- Use this as a **teaching opportunity** for sportsmanship and positive attitudes
- Review Code of Conduct with your team **before the season begins** as they are on display in each dugout

THE OAKLANDON YOUTH ORGANIZATION SPORTSMANSHIP CODE OF CONDUCT

DEVELOP A STRONG, CLEAN, HEALTHY BODY, MIND AND SOUL.
Any form of alcohol, tobacco or drugs are strictly prohibited from any and all OYO premises; first offense – will result in a two-game suspension and second offense will result in an indefinite suspension for individual involved with possible reinstatement by the OYO Executive Board of Directors the following year.

DEVELOP A STRONG URGE FOR SPORTSMANLIKE CONDUCT.
OYO will hold all participants, players, coaches and spectators accountable for any actions that may be deemed detrimental to either the safety of play or the safety of anyone present.

DEVELOP UNDERSTANDING OF AND RESPECT FOR THE RULES.
Knowing the rules, makes for better players, coaches and spectators.

DEVELOP COURAGE IN DEFEAT, TOLERANCE AND MODESTY IN VICTORY.
Good sports make it fun for all! We are out here to teach our kids life lessons!

DEVELOP CONTROL OVER EMOTIONS AND SPEECH.
Respect our umpires, coaches, players and spectators. If it's not a positive comment, it's probably not a good one. Profanity, degrading remarks, acts of violence or any form of intimidation will not be tolerated. Anyone using profanity will be asked to leave the park immediately. If this person does not leave the park and delays the game, that player will be suspended for 10 days. If a second offense occurs, player will be suspended indefinitely and reinstatement by OYO Executive Board of Directors approval will be required. It is up to the Coaches to communicate this respectful attitude to their players and families.

DEVELOP SPIRIT OF COOPERATION AND TEAM PLAY.
Play with our best effort, striving to make one another better.

DEVELOP INTO REAL, TRUE CITIZENS
All players, coaches and spectators are part of our OYO community and are accountable for their actions.

*OYO expressly reserves the rights to revoke any and all privileges in respect to playing, coaching or watching any games at Veterans Memorial Park. If an act is considered in violation of our "code of conduct", immediate suspension until the OYO Executive Board can evaluate such act. Any type of ejection from a game, whether player, coach or spectator, will result in a second game suspension. This person ejected would need to be reinstated by the OYO Executive Board prior to any additional participation. Any review by the OYO Executive Board may result in a penalty up to and including expulsion from the league.

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WE VALUE COACHES! | INCENTIVE PROGRAM

Attend the Coaches' Meeting
MARCH 1

Complete Player Evaluations
BY MAY 31

Attend Coaches' Clinic
MARCH 5 & 11

Attend Tournament Coaches' Meeting
BY MAY 31

Participate in Park Prep Day
MARCH 11

INCENTIVE TERMS

A coach is eligible to receive one-fifth of the league's registration fee for completing each one of these five milestones. So, if all five requirements are completed, then the coach receives 100%.

Payment will be issued in the form of a registration credit to be used within the next 12 months for Fall 2023, Winter Workouts 2024 or Spring 2024).

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THE KEYS TO BEING A GREAT REC COACH

OUR LINEUP FOR YOUR SUCCESS

- Interested and Committed
- Prepared and Organized
- Delegate and Collaborate
- Communicate Well
- Win and Lose Well
- Plan for the Tournament

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PERFECT THE PERFECT PRACTICE

- Structured Opening
- Progressive Segments
- Specialty Work
- Use End of Practice to Build Your “Team”

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MAKING PROGRESS WITH YOUR PLAYERS

PLAYER DEVELOPMENT PROGRESSION

At OYO, we are committed to working with our coaches to provide continuous leadership, coaching and encouragement while developing each and every ballplayer in our rec league program. Explore below how OYO coaches will maximize your ballplayer's skill development in each of the following critical areas of the game at each level.

BASEBALL	TB	JRO	RB	MB	SM	JBB/SBB
THROWING	❑ Grip of ball ❑ Shoulder to target ❑ Make a "T" ❑ Throwing hand v. glove hand	❑ Step and throw ❑ Thumb to thigh, palm to sky, circular motion ❑ Opposites (foot/hand) ❑ Hit a target	❑ 4-seam grip ❑ Momentum toward target ❑ Follow through ❑ Harder throws	❑ Underhand toss for close plays ❑ Not holding ball	❑ Call for cut off ❑ Crow hop throws ❑ Quick release throw from glove	❑ Long-toss throws with momentum for distance
FIELDING	❑ Field/receive ball with glove ❑ Glove out, butt down ❑ Down and ready	❑ Walk into stance ❑ Fingers up, down ❑ Alligator hands ❑ Learn to play a position	❑ Cover bases ❑ Charge the ball ❑ Two-hand catches ❑ Shuffling feet ❑ Get ball to infield	❑ Cut-offs ❑ Fly ball form, step back ❑ Backhand catch ❑ Back-up plays		
HITTING	❑ Hand position on bat, basic stance ❑ Feet spacing ❑ Contact with ball, not tee	❑ Hand-eye coordination ❑ Finish level swing ❑ Proper bat grip	❑ Pitch selection ❑ Knuckles lined up ❑ Swing loaded up ❑ Back foot planted, step forward	❑ Ball-Strike, count ❑ Stance/position ❑ Bunting ❑ Avoid getting hit		
BASERUNNING	❑ How to run after ball is hit ❑ Know when to run to next base ❑ Order of the bases	❑ Run through 1B ❑ Follow coach instructions	❑ Proper decisions for batted balls ❑ Multiple bases ❑ Look at base coach ❑ Sliding	❑ Stealing base ❑ Banana curl run ❑ Fly ball tag up ❑ Round the base		
PITCHING (position)	N/A	N/A	N/A	❑ Accuracy, form ❑ Stretch position ❑ Push off mound ❑ Cover home on passed ball		
CATCHING (position)	N/A	N/A	❑ Proper squat position ❑ Field short batted balls ❑ Cover home ❑ Stop thrown balls	❑ Form mechanics ❑ Throws to bases ❑ Recover passed ball ❑ Block pitches ❑ Framing ❑ Run backs		
THE BASICS	❑ Which direction to run ❑ Touch bases ❑ Understand field	❑ Score runs ❑ Safe v. Out	❑ Force out v. Put out ❑ Pitch counts	❑ Situational plays ❑ Know outs, counts		

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PLAYER DEVELOPMENT PROGRESSION

At OYO, we are committed to working with our coaches to provide continuous leadership, coaching and encouragement while developing each and every ballplayer in our rec league program. Explore below how OYO coaches will maximize your ballplayer's skill development in each of the following critical areas of the game at each level.

SOFTBALL	8U	10U	12U	14U/16U
THROWING	❑ Momentum toward target ❑ Follow through ❑ Harder throws	❑ Underhand toss for close plays ❑ Not holding ball	❑ Call for cut off ❑ Crow hop throws ❑ Quick release throw from glove	❑ Long-toss throws with momentum for distance
FIELDING	❑ Cover bases ❑ Charge the ball ❑ Two-hand catches ❑ Shuffling feet ❑ Get ball to infield	❑ Cut-offs ❑ Fly ball form, step back ❑ Backhand catch ❑ Back-up plays	❑ Field bunt, steal ❑ Infield fly ❑ Turn double play ❑ Execute rundown	❑ Crossover ❑ Drop-step ❑ Infield communication
HITTING	❑ Pitch selection ❑ Knuckles lined up ❑ Swing loaded up ❑ Back foot planted, step forward	❑ Ball-Strike, count ❑ Stance/position ❑ Bunting ❑ Avoid getting hit	❑ Complete swing execution ❑ Power hitting ❑ Contact hitting	❑ Situational hitting ❑ Two-strike count options ❑ Bunt types
BASERUNNING	❑ Proper decisions for batted balls ❑ Multiple bases ❑ Look at base coach ❑ Sliding	❑ Stealing base ❑ Banana curl run ❑ Fly ball tag up ❑ Round the base	❑ Coach signals ❑ Release from the base ❑ Tag-ups ❑ React to batted balls	❑ Steal breaks ❑ Delayed steals ❑ 1B-3B situations
PITCHING (position)	N/A	❑ Accuracy, form ❑ Push off mound ❑ Covering home on passed ball	❑ Pitching motions ❑ Pick-off form ❑ Illegal pitch understanding ❑ Accuracy	❑ Different pitch types ❑ Accept signals
CATCHING (position)	❑ Proper squat position ❑ Field short batted balls ❑ Cover home ❑ Stop thrown balls	❑ Form mechanics ❑ Throws to bases ❑ Recover passed ball ❑ Block pitches ❑ Framing ❑ Run backs	❑ Block pitches ❑ Position for defensive plays ❑ Field bunts ❑ Dropped 3rd strike	❑ Issue pitcher signals ❑ Coach the defense ❑ Elevated squat
THE BASICS	❑ Force out v. Put out ❑ Pitch counts	❑ Situational plays ❑ Know outs, counts	❑ Communicate with teammates ❑ Make plays without coach help	❑ Players manage independent game situations

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PRACTICE PLANS & DRILLS AVAILABLE

10U	DRILL 1	DRILL 2	DRILL 3	DRILL 4
	STEALING BASE	BANANA CURL RUN	FLY BALL TAG UP	ROUND THE BASE
BASERUNNING	Teach player proper sprint position from the base and best launch position footwork to explode off the base with acceleration when stealing a base upon the pitcher's release of the ball. This drill includes the player watching the pitcher intently to notice the release and begin the steal.	Line up players at home plate and teach them the art of beginning a curl before they reach 1B to shorten the number of steps needed to reach 2B. This includes lowering the shoulder. making a tight turn at 1B, steppin the bag with their right foot and running hard and straight to 2B.	Place runners at 1B and 3B with appropriate base coaches. Parent volunteers are in the outfield and in the infield. Coach throws/hits a fy ball to the outfield and runners either	Place runners at Home and 2B and let them run the base to follow coach instructions on whether to stop, round the base or proceed to next base. The players understand their
	FORM	ACCURACY		
PITCHING (position)	Working with players individually, teach each player the step-back rule, hands-together-once rule, and proper form for pitching. Effective pitching involves square-stride-finish criteria, including squaring the body, striding out and finishing strong with the arm, including an effective release point.	Help players build pitching confid by pitching at distances of 15', 20' and 35'. Once a player is warmed and able to successfully pitch thre strikes in a row, encourage them back up 5' and continue again. Th progressive distancing helps build control and confidence.		
	FORM MECHANICS | FRAMING	BLOCK PITCHES | RUN BACKS		
CATCHING (position)	Teach the catcher proper positioning, including directly behind the plate, hand behind the back, squat low enough for umpire to see the pitch and re-positioning the glove on a close pitch to help aid the pitcher earn the benefit of a close call.	Using either softballs or tennis ba catcher drops to her knees and let the ball bounce forward off chest protector to keep runners from advancing to the next base or scor on a passed ball. This also includes slow walk back of the runner to 3 while still protecting the plate.		
	SITUATIONAL PLAYS	KNOW OUTS		
THE BASICS	Great way to get everyone involved. Work on baserunning, fielding and decision making simultaneously. Place base coaches by bases and defensive coaches in field with one coach hitting balls and players fielding and running. Conduct a "simulated" game.	During simulated game in the situational play drill, make it fun b awarding points for players who c answer how many outs there are the first player to indicate where t will go with the ball if hit to them. keeps players engaged in drill.		

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10U SOFTBALL | PRACTICE PLAN DRILLS

These drills can be used interchangeably to help provide quality instruction and positive practice experiences for players. Each drill can run approximately 20-30 minutes and 4-5 drills can be combined to develop a robust practice plan that can involve stations to teach specific skills as outlined in the Player Development Progression framework.

10U	DRILL 1	DRILL 2	DRILL 3	DRILL 4
	UNDERHAND TOSS FOR CLOSE PLAYS	NOT HOLDING THE BALL	SHOULDER SQUARE THROWS	RELAY THROWS
THROWING	Place half of players at 2B fielding position and SS fielding position. Each player at SS has a softball in hand. The player at 2B runs toward the base and SS tosses the ball to the covering player. The players switch sides after the toss and catch. This can be done with or with out their gloves.	Place players evenly in CF or LF. And also place on player each at 2B (base), SS or 3B (base). Coach throws or hits a ball to outfielder or in the gap for CF or LF to field. SS then calls either 2B or 3B and the fielder throws the ball quickly to the designated location.	Each ballplayer places their bat in front of their feet while playing catch. The fielder catches the ball from teammate or coach and then turns body so feet are on both sides of the bat and their arm is back and elbow is even with the shoulder. Then player returns the throw from the position.	Players line up in a straight line all facing the same direction. Ball begins at one end and throws to each cut off. Players catch the ball with two hands, turn toward glove side and quickly and accurately throw the ball to the next cut-off player in line. The ball comes back from opposite direction.
	CUT-OFFS	FLY BALL FORM, STEP BACK	BACKHAND CATCH	BACK-UP PLAYS
FIELDING	Players line up in a straight line all facing the same direction. Ball begins at one end and throws to each cut off. Players catch the ball with two hands, turn toward glove side and quickly and accurately throw the ball to the next cut-off player in line. The ball comes back from opposite direction.	Players begin in an outfielder's position of a 45-degree angle. The coach hits or tosses a fly ball. Players takes first two steps back, gauges the trajectory of the ball and either continues backward or charges the ball while preparing to catch the fly ball over their head with two hands.	Players line up in multiple lines to match the number of coaches able to execute the drill. Coach throws the ball to player so a backhand catch is required. Player executes a crossover step, turns their body and positions glove for an effective backhand catch and tosses ball back to coach.	Set up players in RF and LF to back up throws to 1B and 3B, respectively. Coach hits ground balls to either 2B or SS and the fielder throws the ball across the field to the base and the outfielder is positioned at the correct angle behind 1B or 3B to field any overthrows that may occur.
	BALL-STRIKE COUNT	STANCE/POSITION	BUNTING	AVOID GETTING HIT
HITTING	Hitters are in the cage or batter's box on the field and receive batting practice. Each set of pitches reflect a batter's experience with 4 balls, 3 strikes or a hit for an effective at bat. This enables the batter to understand pitch count and what steps to take to hit aggressively vs. protect the plate.	All batter's stance in the box is custom for each and every player. However, position in the box can be influenced by the speed of the pitcher. Coach should provide varying speeds of pitches and help batter understand whether they should be in the front, center or back of the box.	Teaching the pivot bunting form, the batter should aim for angling the bat at a 45-degree angle, and tapping the ball toward the 1B or 3B line by angling the bat accordingly. Based on this skill, the coach should place pylons approx. 25 feet from home for players to target for a successful bunt.	Using tennis balls, wiffle balls or even rolled socks, players should take their position in the batter's box and learn to step away from an inside pitch and, if not feasible, then to turn away from an inside pitch so a pitch may hit them in the back as opposed to their torso.

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THE KEYS TO BEING A GREAT REC COACH

COACHES' CLINICS | MARCH 5 & MARCH 11

8U SOFTBALL | 10U SOFTBALL | 12U SOFTBALL | 14U/16U SOFTBALL

SUNDAY, MARCH 5 | 11 A.M.-1 P.M.

TEE BALL | JUNIOR ROOKIE | ROOKIE MINOR | SUPER MAJOR | JUNIOR BASEBALL

SATURDAY, MARCH 11 | 7-8:30 P.M.

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THE KEYS TO BEING A GREAT REC COACH

MARCH MADNESS | ROSTERS & SCHEDULING

TONIGHT | MARCH 1, 2023

League meetings to review player rankings, team selection process

FRIDAY | MARCH 3, 2023

Number of Teams Finalized | Team Names and Coaches Assigned in LeagueApps

SUNDAY | MARCH 5, 2023

Final team assignments established in LeagueApps | Sponsor connections cross-referenced

MONDAY | MARCH 6, 2023

Teams released to all families and coaches via LeagueApps

WEDNESDAY | MARCH 8, 2023

Coaches Communicate with Teams

SATURDAY | MARCH 11, 2023

Park Prep Days | Equipment Pick-up

MONDAY | MARCH 13, 2023

First available date for team practices

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BACKGROUND CHECKS

- Criminal checks completed on all head coaches
  - ✓ Assistant coaches need **not** apply
- Complete online
- No Fee | OYO will cover all expenses
- Access online registration at **oyoball.org/background-checks**
- For more information, contact:
  - ✓ Mario Covarrubias at mcovar3@gmail.com

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FIELD MAINTENANCE

BUILDING BETTER FIELDS THRU MAINTENANCE

GOAL

Provide a better playing experience through building and maintaining our fields at a higher level

- **Safety is priority number 1**
  - Proper field maintenance helps prevent those bad hops and gives a safer sliding experience.
- **This is a team effort**
  - Coming together as a team in this effort will yield great results
  - Includes players, coaches, parents, board members and our grounds crew
- **Get your kids involved,** with adult supervision
- **Proper field maintenance** allows us to …
  - help us prevent the dreaded rainouts.
  - protect the investment we are all making

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BUILDING BETTER FIELDS THRU MAINTENANCE

GOAL

Provide a better playing experience through building and maintaining our fields at a higher level

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HOW CAN YOU HELP? LOTS OF WAYS!

GOAL

Provide a better playing experience through building and maintaining our fields at a higher level

- **Take 5-10 minutes at end of your practice/game**
- **Motto | Leave Your Field Better Than You Found It**
  - Rakes available in sheds
  - Get ballplayers involved, with adult supervision
- **Rake Fields Properly**
  - In the field of play, rake away from the edges, never towards the edges
    - Raking to the edge creates lips that can create a bad hop and hinder drainage
  - At home plate, rake towards home plate to level the batter's box
- **Need To Report a Field Repair Request?**
  - Contact Jeff Sparks or a Grounds Committee Member

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REMEMBER TO PREPARE FIELD ON GAME DAY

Home | BEFORE the game

- Lines batter's box using chalker
  - Use two-inch line width
  - Not every game on Saturday needs to be chalked
  - **NEVER** let chalk get into grass when transporting chalker or chalking baseball fields

Visitors | AFTER the game

- Rake uneven areas around batter's box, bases, pitcher's area
- Fill in all areas until they are level to prevent standing water

Both Teams

- Empty dugout of all possessions, dispose of all trash
- *Recommendation:* Have team parent create a schedule and identify two non-coach parents to assist before/after each game

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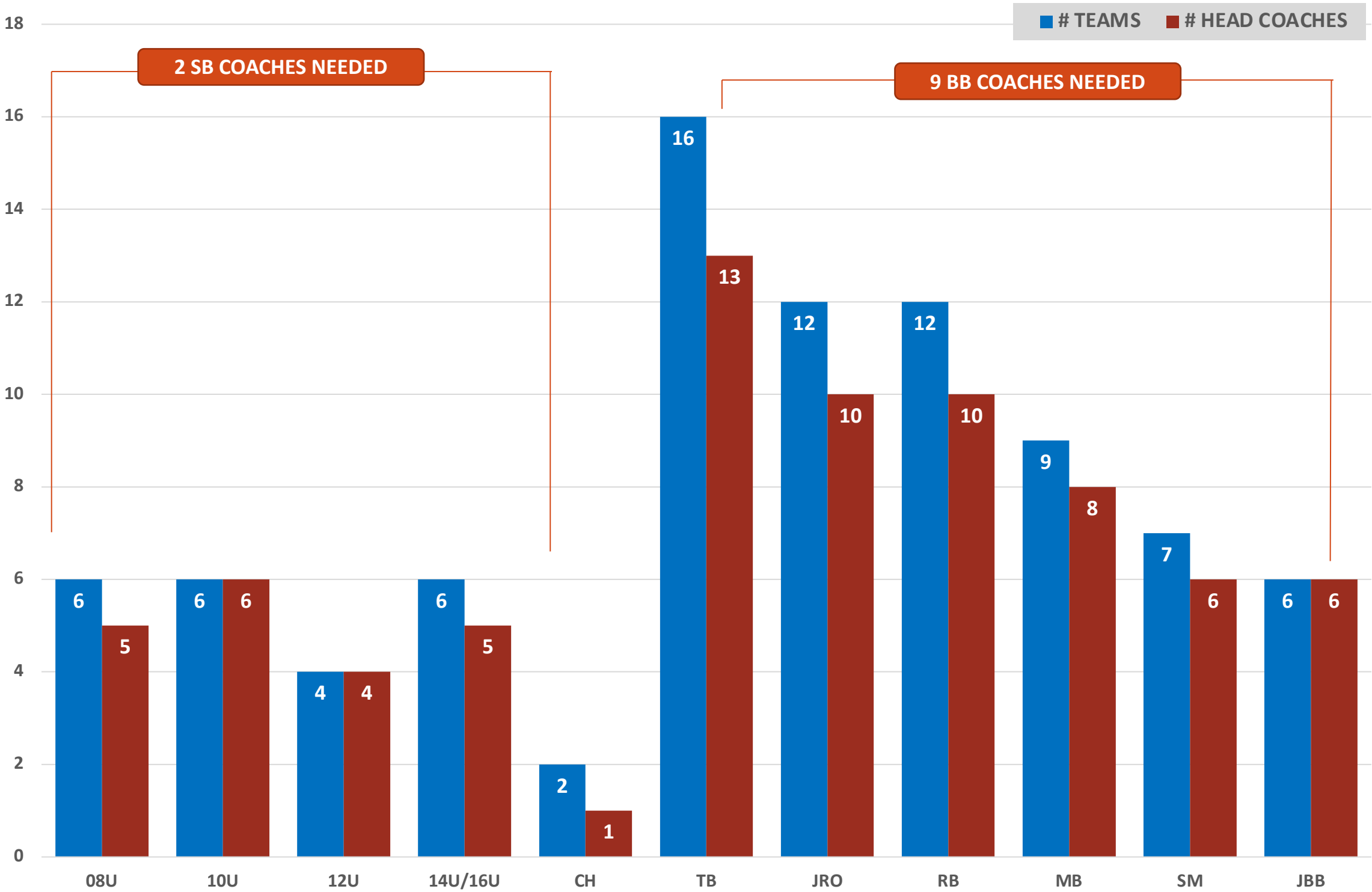
TEAM CONSTRUCTION PROCESS REFINED

TEAM CONSTRUCTION PROCESS

TEAMS BY DIVISION | HEAD COACH STATUS



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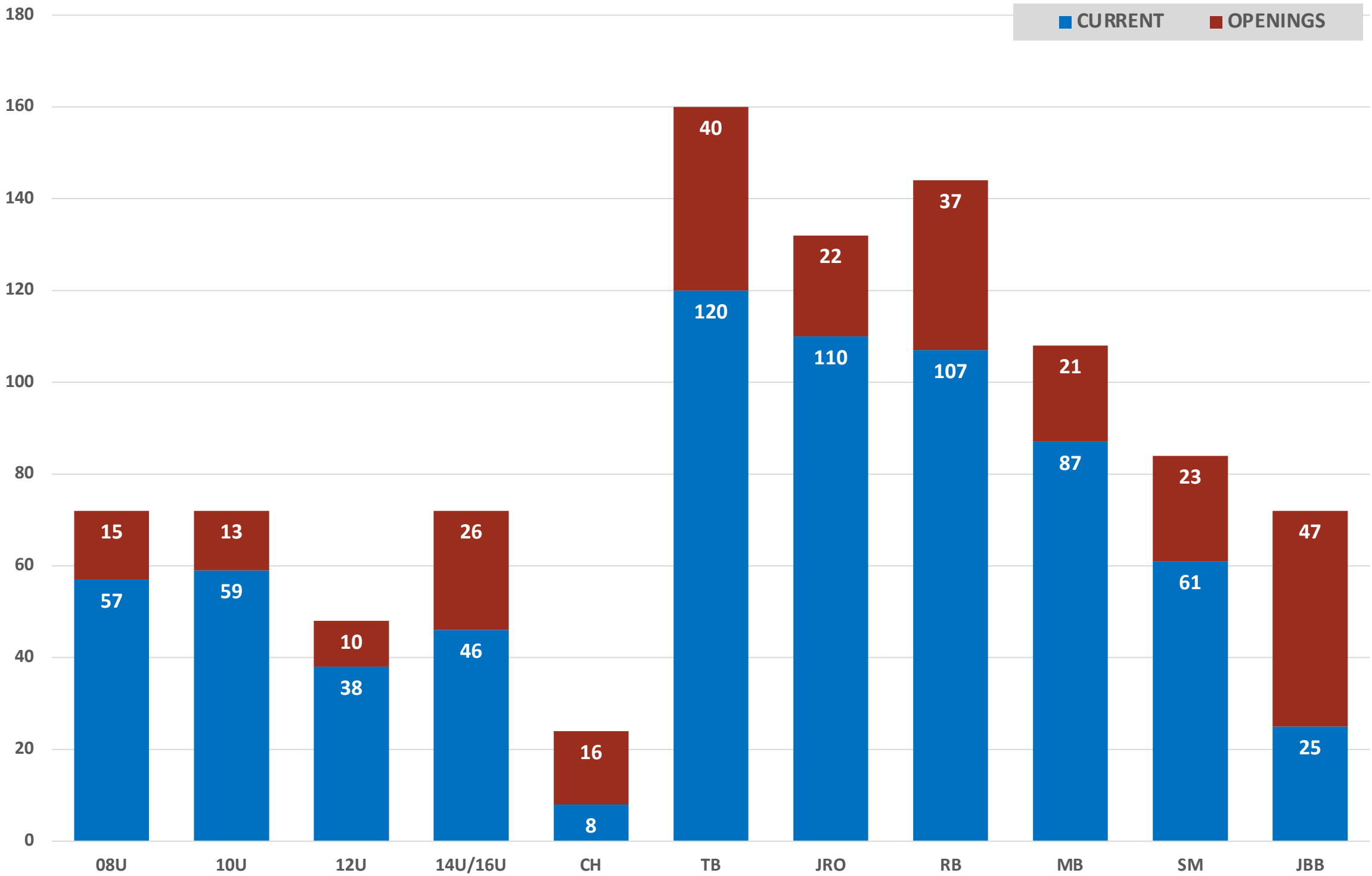
TEAM CONSTRUCTION PROCESS

PLAYERS BY DIVISION | # OPENINGS AVAILABLE



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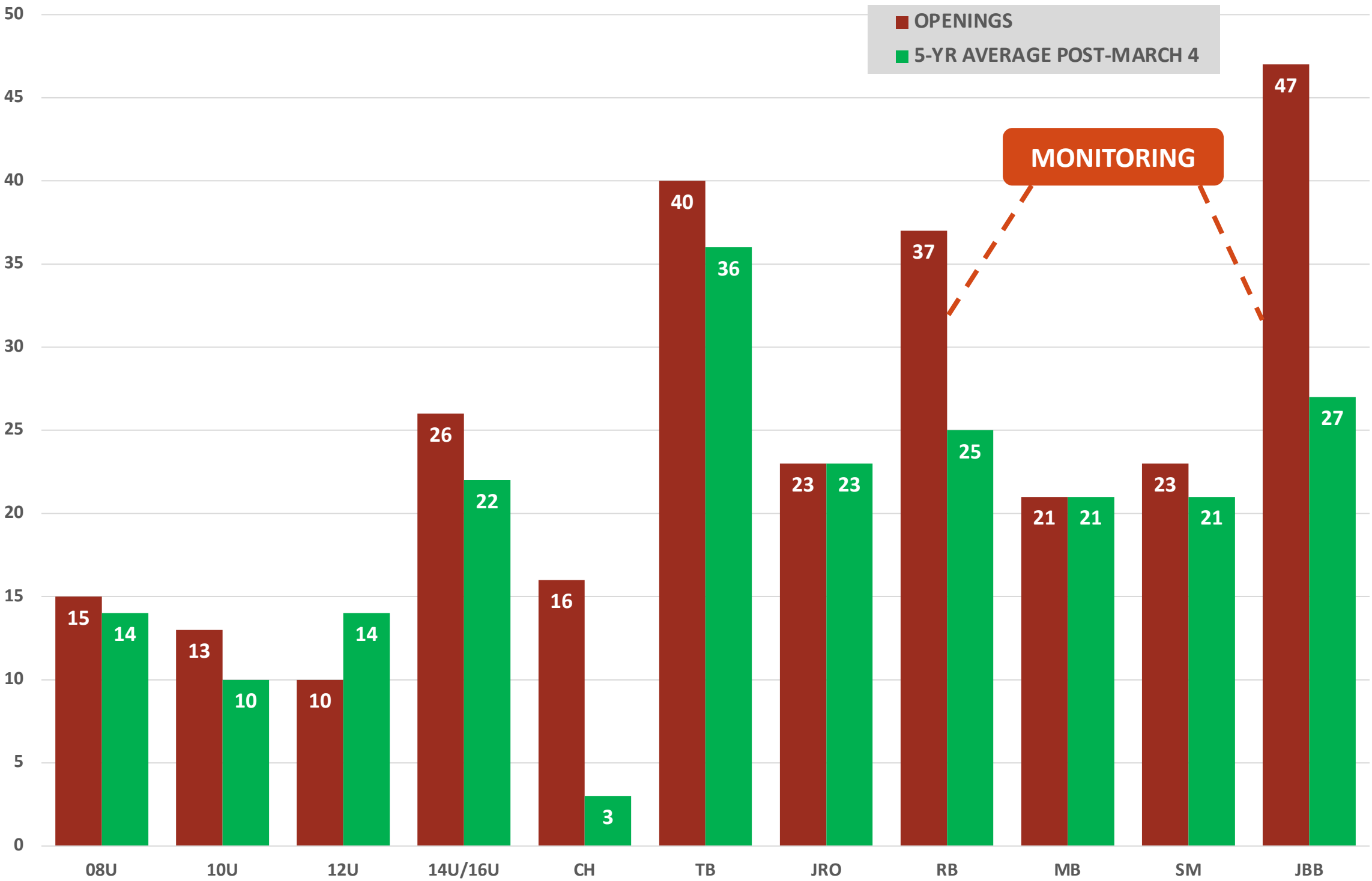
TEAM CONSTRUCTION PROCESS

LATE REGISTRATIONS | WHY WE LEAVE IT OPEN



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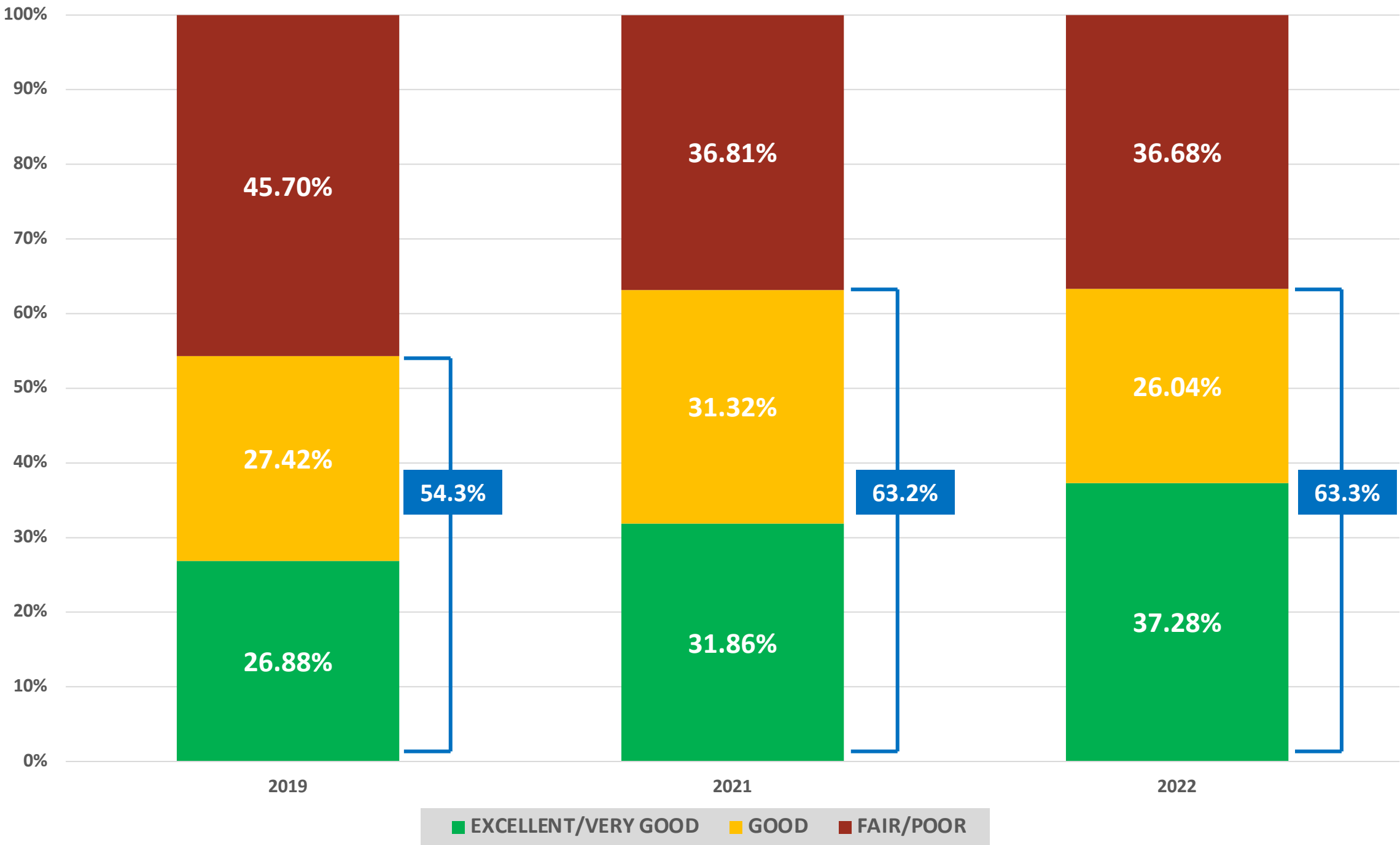
TEAM CONSTRUCTION PROCESS

TEAM BALANCE | STRIVING FOR IMPROVEMENT



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TEAM DEVELOPMENT PROCESS

PROCESS OUR COMMISSIONERS USED

- Coaches help assess where players are ranked
  - Focus on major inconsistencies
  - Don’t major in the minors
- Considered all coach requests, sponsor connections and practice night preferences where team balance is ***not*** impacted
- Strived to grant play-together requests where possible
- Team scores based on coaches evaluations on assigned players from 2022 spring and fall seasons – and parent evals for new players
- Team rosters are ***not*** considered final until final review of sponsor assignments conducted by baseball and softball VPs
- Once released via LeagueApps, rosters are final and only changes approved by VPs and Commissioners will be executed
- LeagueApps to be populated with team assignments by **Monday, March 6**, follow-up with teams by **Wednesday, March 8**

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WRAP-UP

OPERATION TEAMWORK

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APPENDIX SUMMARY

ACCESSING TEAM INFO

- Gaining Access in LeagueApps

THE MAKING OF A GREAT COACH

- Detailed summary of six criteria

PERFECTING THE PERFECT PRACTICE

- Detailed summary of four criteria

SETTING EXPECTATIONS

- Pre-Season Meeting
- Practice Plans
- Delegation Tips

GAME DAY OPERATIONS

- Batting Cages | Practices
- Rainout Policy
- Umpire Feedback

SCHEDULE MATTERS

- Game Times | Structure
- Rec Tournament

UMPIRE UPDATE

- Youth Umpire Program
- Pre-game Meeting

UPCOMING ACTIVITIES AND ASSESSMENTS

- Equipment Handout
- Player Evaluations

ALL-STAR TRAVEL PROGRAM

- Rec Travel Opportunities

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WRAP-UP

QUESTION | DISCUSSION

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DIVISION MEETINGS BEGIN NOW

Meet with your division commissioner and fellow coaches now.

You may depart when your division meeting is complete.

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PLAY BALL!

Oaklandon Youth Organization

12150 East 62nd Street

P.O. Box 36037

317.767.5170 | OYO Weatherline

www.oyoball.org

APPENDIX

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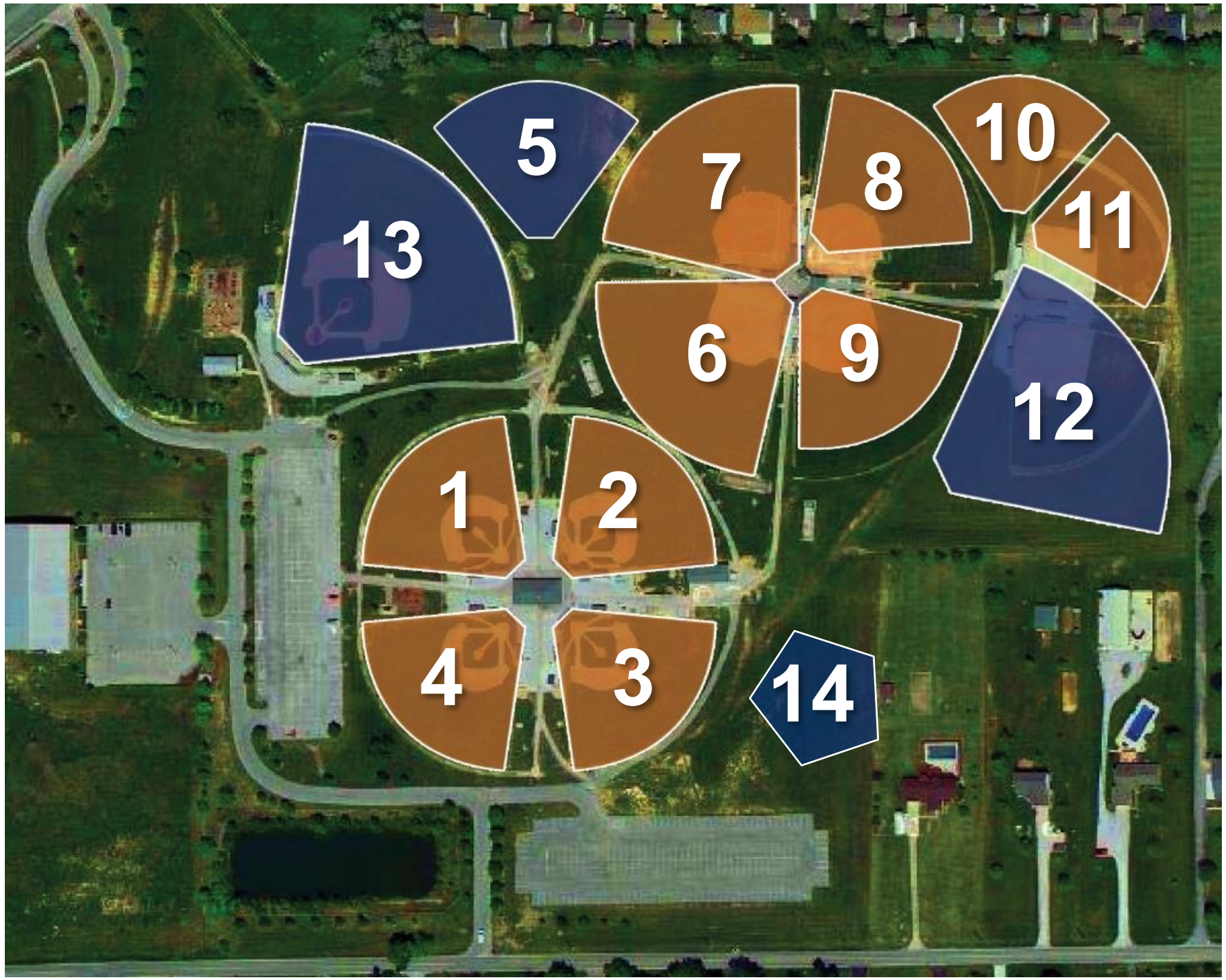
VETERANS MEMORIAL PARK



DIV	FIELDS
TB	14 (+1-11)
JRO	5-6, 9-11
RB	5-6, 9-11
MB	1-4
SM	1-4
JBB	12-13
8U	5, 8, 9
10U	5, 8, 9
12U	5, 6, 7
14U	5, 6, 7

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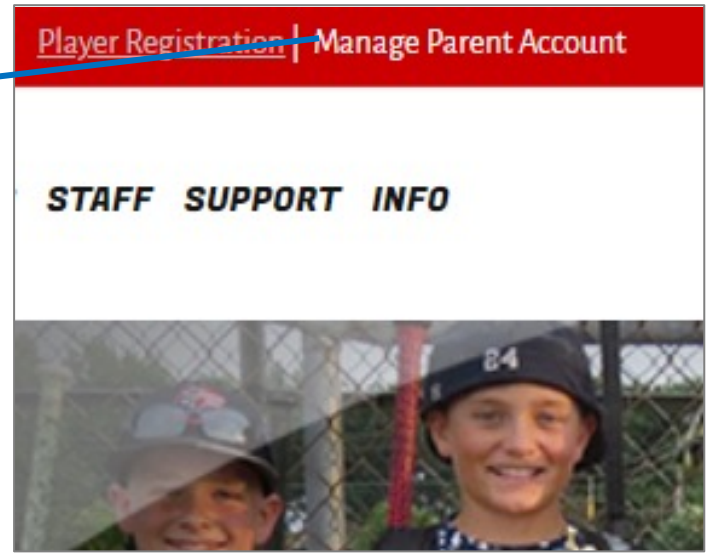
ACCESSING TEAM INFO

WRAP-UP | PAST EXAMPLE

TEAM MANAGEMENT THRU LEAGUEAPPS

1. VISIT OYOBALL.ORG & SELECT MANAGE PARENT ACCOUNT



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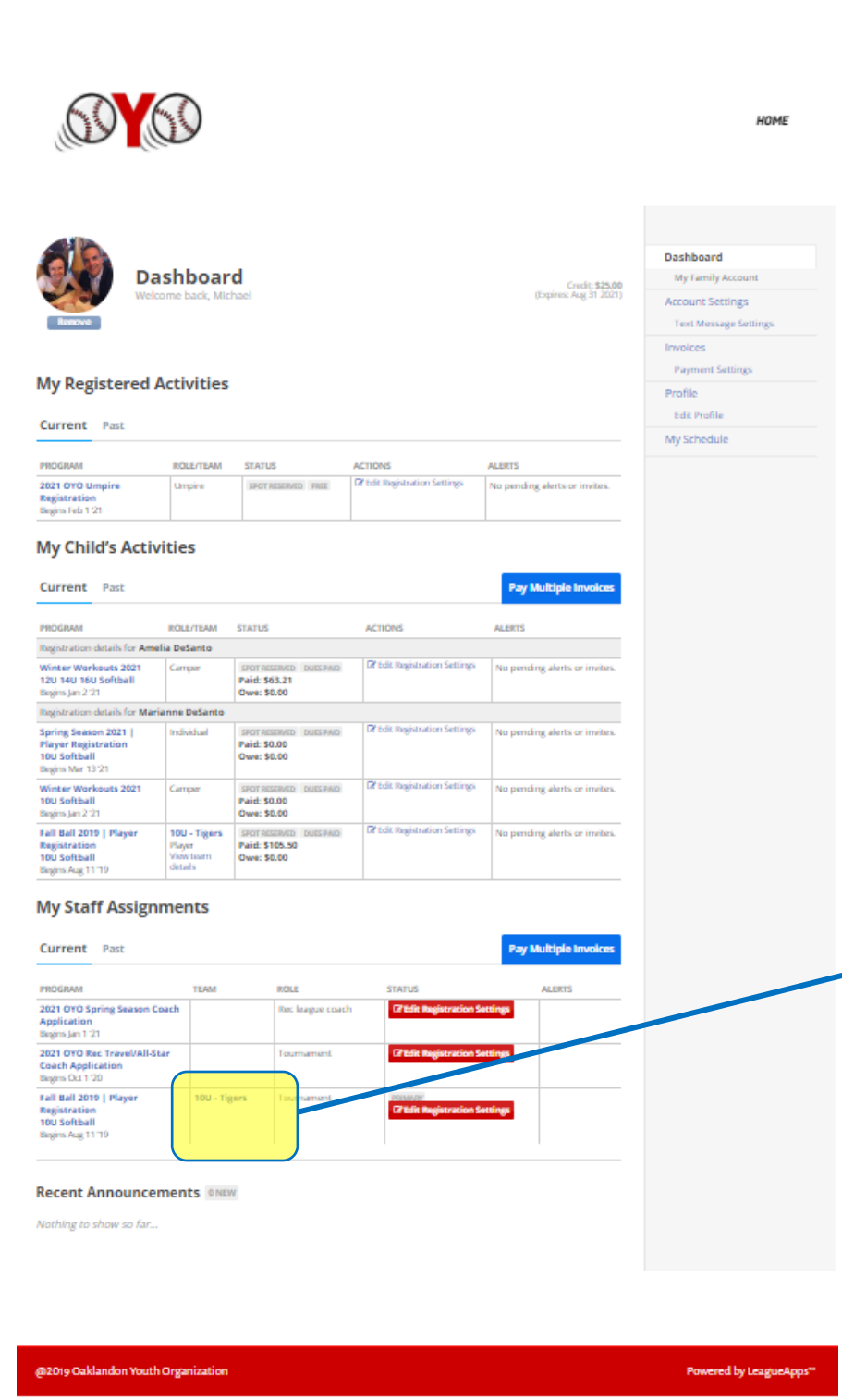
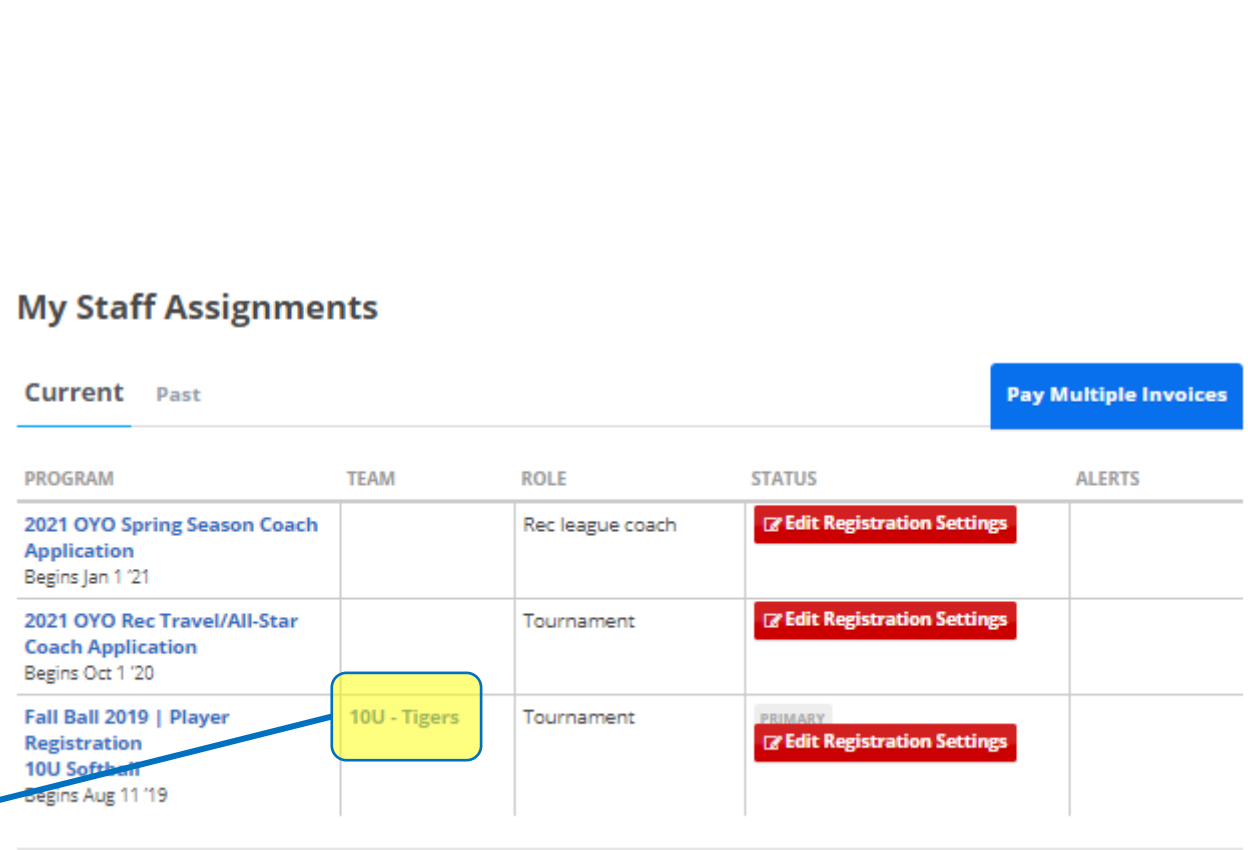
TEAM MANAGEMENT THRU LEAGUEAPPS

2. SELECT STAFF ASSIGNMENT FOR SEASON





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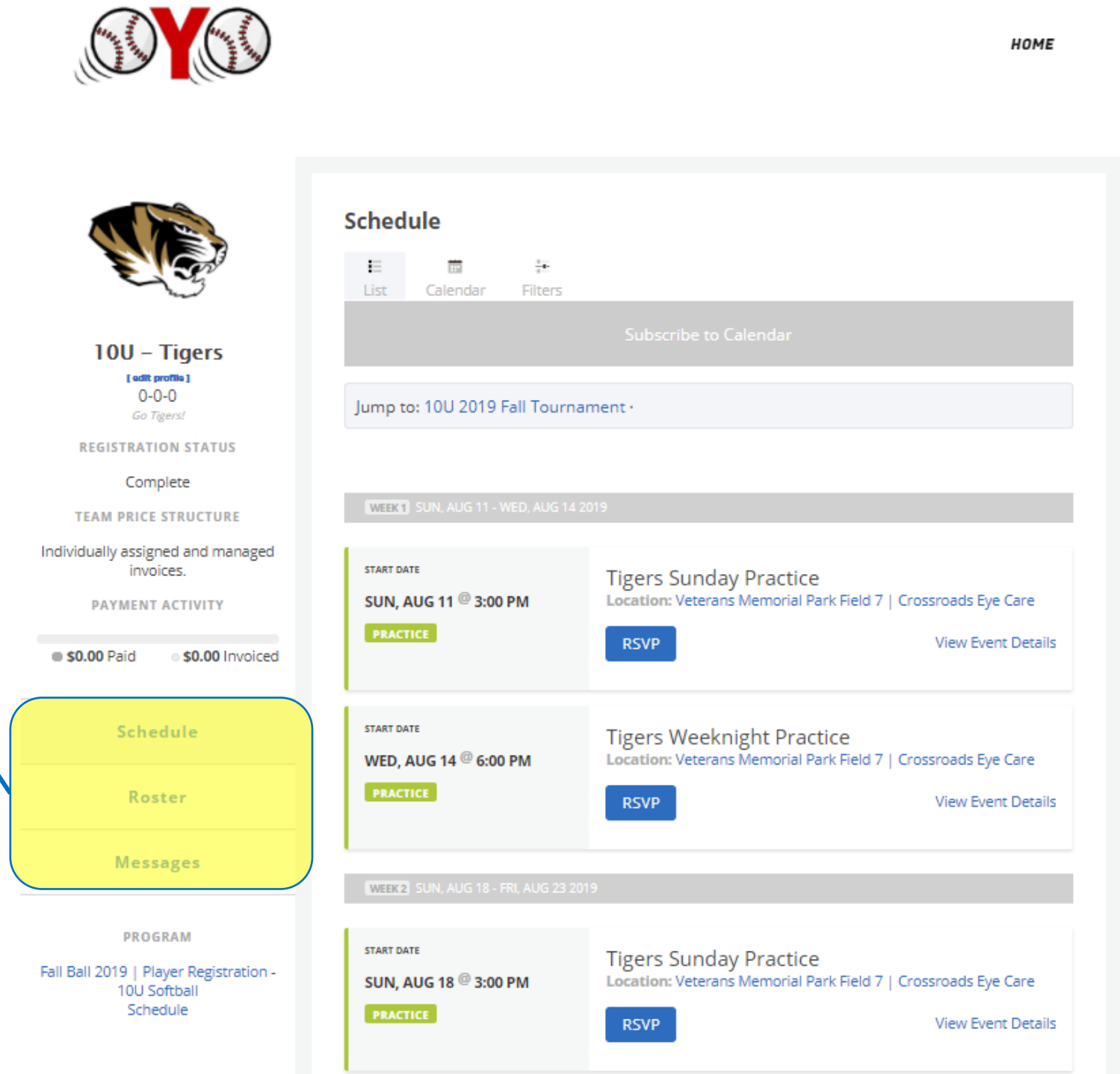
TEAM MANAGEMENT THRU LEAGUEAPPS

3. USE PAGE TO MANAGE TEAM:
REVIEW SCHEDULE
VIEW ROSTER
SEND EMAILS TO TEAM



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THE MAKING OF A GREAT REC COACH

INTERESTED AND COMMITTED

- Encouraging
- Positive Outlook
- Integrator

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PREPARED AND ORGANIZED

- Plans
- Fundamental-based
- Variety
- Movement
- Relevant

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DELEGATOR AND COLLABORATOR

- Parent Involvement
- Back-up Plans
- Coaching Fraternity

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THE MAKINGS OF A GREAT REC COACH

COMMUNICATES WELL

- Connects
- Introductions
- Preview of Plans
- Open & Transparent

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WINS AND LOSES WELL

- Teacher in All Situations
- Focus for Improvement
- Calm and Supportive

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PLAN FOR THE TOURNAMENT

- Develop during the season for all scenarios
- Understand and plan for your advantages, weaknesses

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PERFECTING THE PERFECT PRACTICE

STRUCTURED OPENING TO PRACTICE

- Warm Up
- Organized Throwing
- Consistent Approach
- Opening Drill
- Multi-task for Efficiency

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PROGRESSIVE SEGMENTS

- Short-burst drills
- Baserunning

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SPECIALTY WORK

- Fundamentals with glove positioning, footwork, batting positioning
- Ease into accelerated pace
- Shorten distances to maximize impact

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USE END OF PRACTICE TO BUILD YOUR “TEAM”

- Keep it fun
- Make them want to practice outside of practice
- Team chemistry
- Emphasize effort

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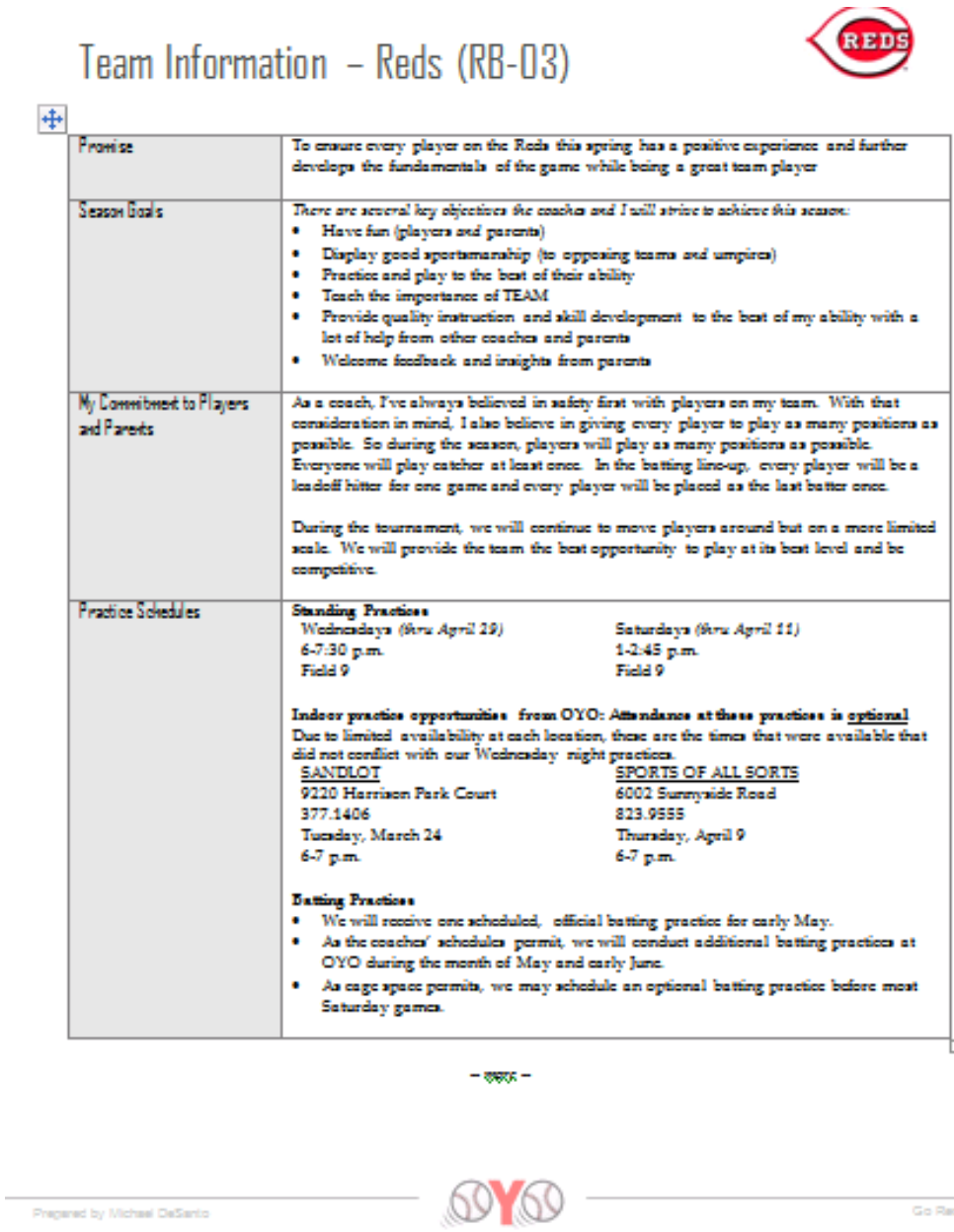
SETTING EXPECTATIONS

(WITH YOUR TEAM)

PRE-SEASON MEETING

- **Introduction for coaches, players, parents**
- **Opportunity to recruit more support**
- **Share your perspective for the season**
  - — Commitment to team
  - — Team goals for season
  - — Practice schedules
  - — Game schedule info
  - — Uniforms
  - — Personal equipment
  - — Team fees
  - — Practice/game support
  - — Work Days
  - — Contact info/preferences



Team Information – Reds (RB-03)

Promise	To ensure every player on the Reds this spring has a positive experience and further develops the fundamentals of the game while being a great team player
Season Goals	*There are several key objectives the coaches and I will strive to achieve this season:* • Have fun (players and parents) • Display good sportsmanship (to opposing teams and umpires) • Practice and play to the best of their ability • Teach the importance of TEAM • Provide quality instruction and skill development to the best of my ability with a lot of help from other coaches and parents • Welcome feedback and insights from parents
My Commitment to Players and Parents	As a coach, I've always believed in safety first with players on my team. With that consideration in mind, I also believe in giving every player to play as many positions as possible. So during the season, players will play as many positions as possible. Everyone will play catcher at least once. In the batting line-up, every player will be a leadoff hitter for one game and every player will be placed as the last batter once. During the tournament, we will continue to move players around but on a more limited scale. We will provide the team the best opportunity to play at its best level and be competitive.
Practice Schedules	**Standing Practices** Wednesdays *(thru April 29)* — 6-7:30 p.m. — Field 9 Saturdays *(thru April 11)* — 1-2:45 p.m. — Field 9 **Indoor practice opportunities from OYO: Attendance at these practices is optional** Due to limited availability at each location, these are the times that were available that did not conflict with our Wednesday night practices. SANDLOT — 9220 Harrison Park Court — 377.1406 — Tuesday, March 24 — 6-7 p.m. SPORTS OF ALL SORTS — 6002 Sunnyside Road — 823.9555 — Thursday, April 9 — 6-7 p.m. **Batting Practices** • We will receive one scheduled, official batting practice for early May. • As the coaches' schedules permit, we will conduct additional batting practices at OYO during the month of May and early June. • As cage space permits, we may schedule an optional batting practice before most Saturday games.

– ### –

Prepared by Michael DeSanto — Go Reds!

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DEVELOP AND POST PRACTICE PLANS

- Secure as many parents as possible to assist with practices
- Break kids into small groups, mix up groups from practice to practice
- Mix-up the practice stations
  - Fielding
  - Throwing
  - Hitting
  - Running
  - Pitching/Catching
- Roam stations, encourage players
- Quality of reps over quantity
- Bring team together for collective end-of-practice activity

RB03 – Reds
March 28, 2009/1-2:45 p.m.
Field 9
Practice Schedule

1-1:10 p.m.	**Stretching & Opening Jog**
1:10-1:15 p.m.	**Practice Plan Overview**
1:15-2:15 p.m.	**Hitting Fundamentals Stations**

Station	Process	Coach
1 – Live Hitting in Cage	*10 pitches to each player in group, then rotate work toward "at bat" experience*	Brian
2 – Tee work	*Interchange between wiffle balls and basketball*	Todd
3 - Soft Toss	*Interchange between tossing from side and back*	Jon
4 - Fielding fundamentals w/ glove paddle	*Roll 6-8 balls to ensure*	Rob
5 - Throwing Fundamentals	*Soft flips to equal-opposites*	Michael

Start at Station	Player 1	Player 2
1	Zach Lane	Will Spear
2	Anthony DeSanto	Mason Montgomery
3	Hunter Ekenberry	Scott Lohman
4	Cameron Walker	Tonio Hart
5	Logan Angelopulos	Hunter Davis

Structure:
- *Hitting:* Each player takes 6-8 swings and then rotates w/ other player in group
- *Fielding:* Alternate ground balls and throws to ensure player is in proper stance
- In-station rotating continues for 10 minutes, then players move to next station
- All players advance to next station until all 5 or 6 are completed.

2:30-2:45 p.m.	**Base Running Drills** - Running out a hit through first base (2x) - Rounding first – with a banana curl – and listening to coach (1x) - From first to second (or third) taking coach's signals (2x)
2:15-2:30 p.m.	**Fielding Drill** - Lines formed at SS and 2B, Balls hit from home plate - Players field and drop in bucket at 2nd base – hit two balls max and then rotate
2:45-2:50 p.m.	- Wrap-up - Announcements - Player Homework - Team Spirit

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DELEGATE TO IMPROVE OVERALL EXPERIENCE

THE HEAD COACH SHOULD…

- Own the team's equipment
- Meet with players
- Manage Code of Conduct signatures
- Develop practice plans
- Develop game line-ups and fielding assignments
- Participate in pre-game meeting with umpire
- Manage the crowd, as needed
- Complete player evaluation card

ASSISTANT COACHES

- Run stations
- Coach bases
- Coordinate pre-game routines
- Handle the scorebook duties

TEAM PARENT(S)

- Try to find two parents to share duties
- Opening Day and Picture Day activities
- Dugout management
- Team treat tickets
- End-of-season party, gathering

ALL PARENTS ON TEAM

- Pre-/post-game field prep work
- Ensure team follows Code of Conduct

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GAME DAY OPERATIONS

BATTING CAGES | PRACTICES

Reserving Batting Cages

- OYO offers three batting cages at its facility (Cages A, B, and C)
- Priority given to those who reserve the cage (and/or pitching machines)
- Teams may reserve cages for one hour weekly
- Reservations can be made through the **Scheduling Committee at oyoschedules@gmail.com**
    - 48 hours notice is requested to guarantee reservation

Practices | 12 and Under Divisions

- All outdoor team practices **must** be held at OYO
- Each team will be granted one Saturday practice through **April 8**
- Each team will be granted one weeknight practice until weeknight games begin **May 1**
- Coaches should **never** base any playing time decisions on a player's practice attendance

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RAINOUT POLICY

Rainouts Are Not Rescheduled

Spring season game schedules may be deceiving because of the “extra games” built in to your schedule. While teams are scheduled for a set number of games, **two** of those games should be considered “extra” games to help offset rainouts. The balance of games are a “target goal” but **not** a guarantee.

DIVISION	SCHEDULE	TARGET
Tee Ball	14	12
Junior Rookie	12	10
Rookie	15	13
Minor	15	13
Super Major	15	13
Junior Baseball	12	10
8U Softball	15	13
10U Softball	15	13
12U Softball	15	13
14U/16U Softball	14	12

Rainout Policy for Games

While the coaches have discretion to cancel their team’s practices due to weather, the final decision regarding field usage on game days rests the OYO Board of Directors, especially the assigned AODs for that evening or day of games.

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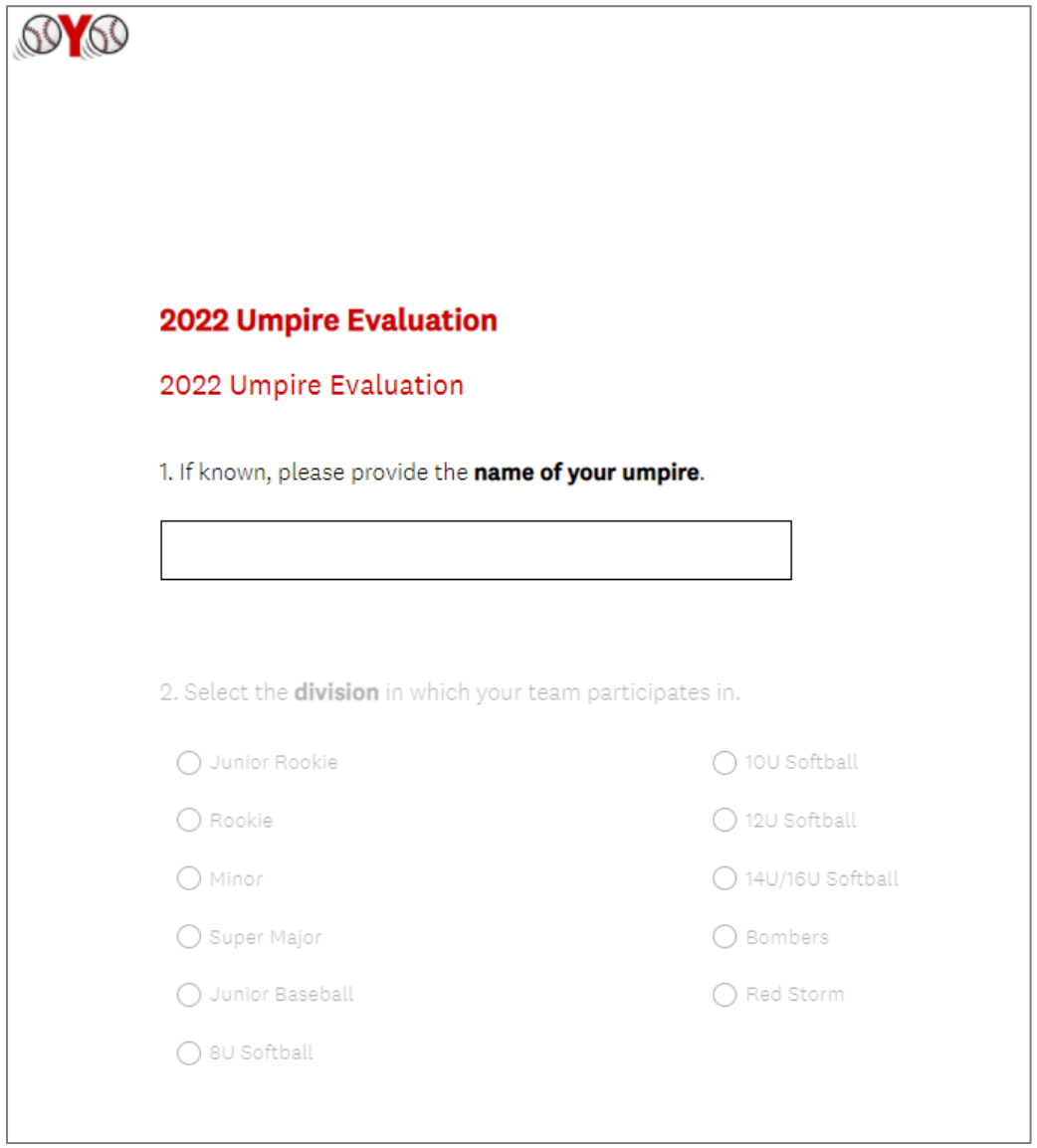
UMPIRE FEEDBACK

- **Who provides the feedback?**
  - Head coach
  - No anonymous feedback
- **Who receives the feedback?**
  - OYO Umpire Committee
- **Why are head coaches asked to provide feedback on umpires?**
  - Provide constructive feedback so umpire mentors can help the umpire
  - Identify our top-performing umpires for the postseason
- **How can feedback be shared?**
  - Online survey available
  - Survey link will be emailed/texted each Monday and available on website



2022 Umpire Evaluation

2022 Umpire Evaluation

1. If known, please provide the **name of your umpire**.

2. Select the **division** in which your team participates in.

- Junior Rookie
- Rookie
- Minor
- Super Major
- Junior Baseball
- 8U Softball
- 10U Softball
- 12U Softball
- 14U/16U Softball
- Bombers
- Red Storm

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SCHEDULE MATTERS

2022 GAME SCHEDULE STRUCTURE

- **Games scheduled on every night**
  - No open date reserved for rainouts

- **Key Dates**
  - Opening Day and Parade – Saturday, April 15
  - Doubleheaders – Begin Saturday, April 22 ***(does <u>not</u> apply to Tee Ball, Jr Rookie)***
    - Any division with an odd number of teams will require one team to play a DH on Opening Day
  - Weeknight Games – Begin Monday, May 1

- **When weeknight games begin, teams will have one of weekly combinations**
  - One Saturday game, two weeknight games
  - Two Saturday games, one weeknight game
  - Does **<u>not</u>** apply to Challengers or Junior Rookie (just one weeknight game, one Saturday game)

- **All-Star Games scheduled for Friday, May 26**
  - One game per league

- **No rec games scheduled for Memorial Day weekend (May 26-29 | Fri-Mon)**

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OYO REC LEAGUE TOURNAMENT

- **The OYO end-of-season, double-elimination tournament will begin on Monday, June 5, 2023**
  - Tournament Drawing will be a random draw through LeagueApps
  - Tournament Schedule (dates/times) posted on **Friday, May 19**
  - Tee Ball does not have a league tournament and receive two additional scheduled games during these dates
  - 14U/16U Softball and Junior Baseball tournaments take place in late June
  - Senior Baseball is scheduled independently with other leagues

- **We will make up tournament games that are rained out**
  - This occasionally results in a domino effect on the entire tournament schedule for some or all divisions
  - When make-up games are required, coaches should monitor schedule changes closely

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UMPIRE UPDATE

OYO YOUTH UMPIRE PROGRAM

OYO Youth and Adult Umpires

- Other leagues have coaches umpire games
- OYO operates a youth and adult Umpire Training Program
- Kids start umpiring at age 11
- Umpire Training, includes a five-part process:
  - Rules Clinic
  - 50-65 question exam
  - Test review
  - Mechanics clinic
  - On-field instruction
- Umpires are learning just like the players are

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UMPIRE UPDATE

OYO YOUTH UMPIRE PROGRAM

- The umpire is in charge, regardless of his/her age
- Give the umpires the same kind of respect you want them to give you
- Coaches and fans do not change the calls an umpire has made
- **BE A POSITIVE EXAMPLE TO THE YOUNG BALLPLAYERS AND YOUNG INDIVIDUALS AROUND YOU**

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PRE-GAME MEETINGS

- Pre-game meetings to occur 5-10 minutes before game time
- Coaches should be available to participate in meeting
- Umpire should provide an evaluation card to each coach
- Umpire keeps clock on field
- One minute or five warm-up pitches between innings
- “What is your strike zone, blue?”

Commissioners will cover division-specific rules at your division meetings following this orientation

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UMPIRE UPDATE

SAFE OR OUT?

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UPCOMING ACTIVITIES AND ASSESSMENTS

EQUIPMENT HANDOUT

- **Saturday, March 11 from 10 a.m.-2 p.m.**
- **OYO/Veterans Memorial Park (equipment barn outside right field of Field 2)**
- OYO Board Members will be present to handout team equipment bags
- Each head coach will build a team equipment bag based on league recommendations and personal need
- All items are expected to be returned at end of season

EQUIPMENT CHAIR
Dennis Lewton
317.443.9522 lewton7@gmail.com

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PLAYER EVALUATIONS

Who completes evaluations? (available approx. May 19)

- Done completely within LeagueApps – no paper forms
- Head Coach with input from assistant coaches
- Evaluations are due **Wednesday, May 31, 2023**
- All feedback will remain confidential

What criteria will players be evaluated on?

- Batting, Fielding, Throwing, Base running
- Pitching, Catching (in applicable leagues)
- Game Knowledge, Sportsmanship

Who enters and reviews data?

- League commissioner
- Data is reviewed by coaches during the next season the player registers to determine proper round assignment for player in team selection process
- Data never shared with players, families

Penalty for non-compliance

Coach may be required to serve a penalty up to and including a one (1) game suspension to be enforced during his/her team's first game of the tournament

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ALL-STAR | REC TRAVEL PROGRAM

TRAVEL BASEBALL AND SOFTBALL

OPPORTUNITIES FOR BALLPLAYERS, COACHES

7 Full-Time Teams
6 Rec Travel Teams

2023 HEAD COACH OPPORTUNITY FOR
07U REC TRAVEL TEAM

5 Full-Time Teams
4 Rec Travel Teams

2023 HEAD COACH OPPORTUNITY FOR
08U REC TRAVEL TEAM

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PLAY BALL!

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12150 EAST 62ND STREET

P.O. BOX 36037

317.767.5170 | OYO WEATHERLINE

WWW.OYOBALL.ORG